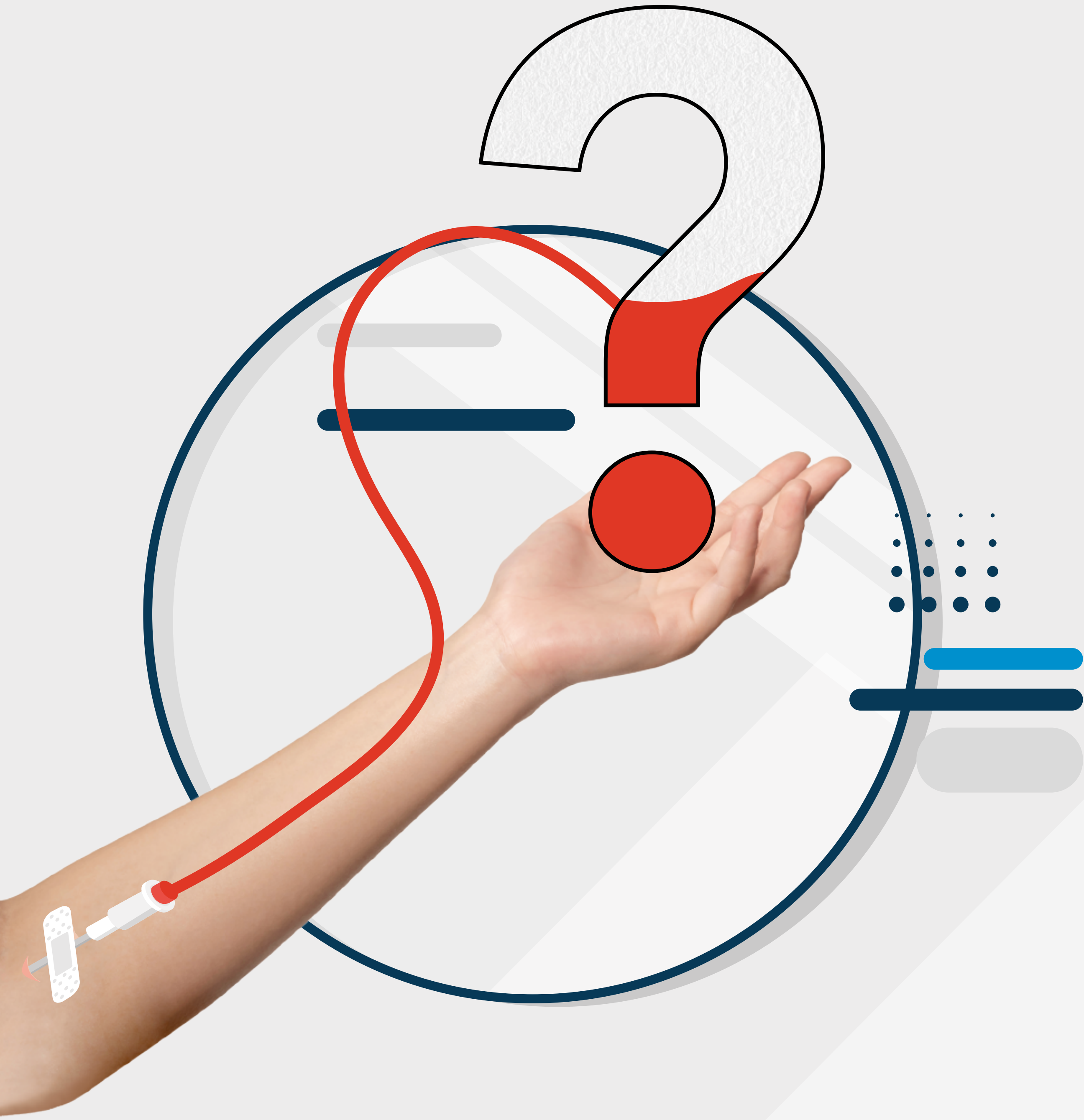




Can I donate?



تبرع بدمك اليوم Donate Blood Today



bloodbank.seha.ae

02 819 1700 / 03 707 4191

You Can Donate If You:

- are in good health and not under a doctor's care for any serious problem.
- are between 18 – 65 years of age.
- are at least 50kgs.
- didn't donate blood within the past 56 days.

Are you being treated with or have taken any of the following medications anytime in the last:

2 DAYS (PLATELET DONORS):

- ASPIRIN or any medication containing ASPIRIN
- NON STEROIDAL ANTI INFLAMMATORY AGENTS PIROXICAM (FELDENE)

2 DAYS (PLASMA DONORS)

- DIRECT THROMBIN INHIBITORS: PRADAXA (DABIGATRAN), FRAGMIN (DALTEPARIN) and LOVENOX (ENOXAPARIN)
- DIRECT Xa INHIBITORS: XARELTO (RIVAROXABAN), ELIQUIS (APIXABAN) and SAVAYSA (EDOXABAN)
- ARIXTRA (FONDAPARINUX)

3 DAYS (PLATELET DONORS):

- EFFIENT (PRASUGREL)

7 DAYS

- ANTIBIOTICS OR OTHER MEDICATION FOR INFECTION

7 DAYS (PLATELET DONORS)

- TICRAGRELOR OR (BRILINTA)

7 DAYS (PLASMA DONORS)

- WARFARIN (COUMADIN, WARFILONE, JANTOVEN)
- HEPARIN AND DERIVATIVE

14 DAYS (PLATELET DONORS)

- CLOPIDOGREL (PLAVIX), TICLOPIDINE (TICLID) are medications that can decrease the chance of a heart attack or stroke in individual at risk of these conditions.

1 MONTH (PLATELET DONORS)

- VORAPAXAR (ZONTIVITY)

1 MONTH:

- PROSCAR, (FINASTERIDE) for prostate gland enlargement
- PROPECIA (FINASTERIDE) for hair loss remedy.
- ACCUTANE, ABSORICA, AMNESTEEM, CLARAVIS, MYORISAN, SOTRET, ZENATANE (ISOTRETINOIN) for severe acne
- THALOMID (THALIDOMODE) for Multiple Myeloma
- RINVOQ (UPADACTINIB) for Rheumatoid Arthritis

6 WEEKS

- Immunosuppressant (CELLCEPT- MYCOPHENOLATE MOFETI)

3 MONTHS

- HIV prevention (PEP & PrEP) namely TRUVADA (TENOFIVIR), DESCOVY (EMTRICITABINE), TIVICAY (DOLUTEGRAVIR), ISENTRESS (RALTEGRAVIR).

6 MONTHS

- AVODART and JALYN (DUTASTERIDE) usually given for prostate enlargement.

1 YEAR

- HEPATITIS B IMMUNE GLOBULIN given AFTER an exposure to hepatitis B

Note: different from the hepatitis B vaccine which is used to prevent future infection with Hepatitis B.

- EXPERIMENTAL MEDICATION OR UNLICENSED (EXPERIMENTAL) VACCINE.

2 YEARS

- VISMODEGIB (ERIVEDGE), SONIDEGIB (ODOMZO) used for the treatment of Basal Cell Carcinoma
- AUBAGIO (TERIFLUNOMIDE) for Relapsing Multiple Sclerosis
- ARAVA (LEFLUNOMIDE) for Rheumatoid Arthritis

3 YEARS

- ACITRETIN (SORIATANE) usually used for severe psoriasis.

EVER taken any of these medications:

- TEGISON (ETRETINATE) for severe psoriasis
- HIV treatment also known as antiretroviral therapy (ART)

DO NOT discontinue medications prescribed by your physicians in order to donate blood.

DO NOT DONATE IF YOU have spent time that adds up to 3 months or more in the United Kingdom between 1980 and 1996. Living in the UK during that period puts you at a theoretical risk of carrying the mad cow disease (vCJD) from eating beef. Mad cow disease could be transmitted through blood transfusions.

DO NOT DONATE IF YOU have spent more than 5 years in Ireland or France between 1980 to 2001 for the same above mentioned reason. All Donated Blood is Tested for: HIV 1 and 2, HTLV I and II, Hepatitis B and C virus and Syphilis. If you test positive for any of the above diseases, you will be contacted about your result. Blood donors who are found positive must be reported to the Health Authority.

Please do not donate to get tested for HIV, Hepatitis or other infections

The following is an overview of the diseases that can be transmitted by blood donation:

1- AIDS:

- AIDS is caused by the HIV virus. An infected person can transmit the virus through blood, sexual activity, or by sharing needles with another person.
- Symptoms of HIV may include: unexplained weight loss, frequent or persisting infections, persistent sore or swollen lymph nodes, persistent diarrhea, recurrent fever and night sweats, persistent cough, persistent white spots or blemishes in the mouth and purple or bluish lesions of the skin which do not heal.

**** Any of these symptoms disqualify you as a blood donor.**

- It takes 6-8 weeks for the body to react to the infection by forming antibodies to the virus. During this period, the test system cannot identify an infected blood donor.
- Since AIDS cannot be cured, it is extremely important to limit the spread of the virus.

2- HEPATITIS (B and C):

- Hepatitis means the inflammation of the liver and may be caused by several different viruses.
- Hepatitis B may be transmitted within households through sharing of utensils like tooth brushes, razor blades, forks and knives if cleaning procedures are insufficient.
- Hepatitis types B and C may be transmitted through blood or from mother to child at birth.
- Hepatitis B and C may also be transmitted through sexual relationships.
- Hepatitis virus sometimes remains in the body for life and may cause chronic damage of the liver.

**** If you have a history of Hepatitis, you must refrain from donating blood.**

3- HUMAN T-CELL LYMPHOTROPIC VIRUS (HTLV-I/II):

- The virus HTLV-I/II is linked to a degenerative disease of the nervous system and a type of Lymphoma.
- The virus is rarely found in UAE, but it is common in some other countries.
- The virus is transmitted through the blood in the same way as described above.
- The virus does not cause AIDS.

**** Persons with a positive test for HTLV-I or II are excluded from blood donation.**

4- SYPHILIS:

- Syphilis is caused by a spirochete, which may be present in the blood long after the infection, if ineffective treatment being given.
- If untreated, syphilis may lead to severe degeneration of the nervous system.
- Syphilis is spread mainly through sexual contact.

**** Persons who test positive for syphilis are excluded from blood donation.**

5- MALARIA:

- Malaria is very common in some parts of the world. It is caused by four different blood borne agents of plasmodium species.
- The disease is characterized by repeated episodes of very high fever and general malaise.
- The infection may be lifelong if not treated.

**** If you have had malaria, you must refrain from blood donation for three years after last relapse with proper treatment.**